

RLSS Poole Lifeguard Annual Report 2025



Annual Report - 2025



CONTENTS

Club Information.....	3
Trustee Annual Reports.....	6
- Chairman's Report.....	6
- Treasurer's Report.....	6
- Club Captain's Report.....	8
- Pool Training Officer's Report.....	8
- Competitions Officer's Report.....	8
- Equipment Officer's Report.....	10
- Membership Officer's Report.....	10
RLSS Poole Lifeguard 50 th Anniversary Celebration 2025.....	10
RLSS Poole Lifeguard Annual Club Honour Awards for 2025.....	11
RLSS UK National Honour Awards for 2025.....	11
RLSS Equipment List.....	11
Acknowledgements.....	14
Distribution.....	15
Information for 2026.....	16
2025 IN PICTURES.....	18

Club Information

Patron

The Mayor and Admiral of The Port of Poole

Appointed Governance Trustees

The Executive Trustees Committee will appoint the Governance Trustees for a period of five years; an appointed Governance Trustee may stand down from their role at any time. Appointed Governance Trustees are appointed to maintain a governance overview of the club and to provide stability.

Jill Bailey
Louise Harrison
Brian Pemberton

Executive Trustees Committee 2025

All members of the Executive Committee are Trustees of the club as stated in the RLSS Poole Lifeguard Club Executive Committee roles document. As such they are responsible for the general control and management of the administration of the club.

President	Vacant
Chairman	Tom McMahon (interim)
Vice Chairman	Vacant
Hon Secretary	Amanda Wise-Hall
Hon Treasurer	Mark Shakles
Club Captain	Tom McMahon
Pool/Open Water Training Officer	Andrew Smart
Equipment Officer	Tim Travers
Public Relations Officer	Vacant
Competitions Officer	Tim Harris
Membership Secretary	Julie Larner
Fundraising Officer	Vacant

Events Planning Sub Group

A dedicated subgroup was formed to support planning for the 50th celebration. The group is made up of club members and parent volunteers and will also lead on fundraising activities.

It was agreed that this team will continue its work into 2026.

Clare Southam
Kelly Turner

Nicky Marchant
Ali Morton

Emma Travers
Amanda Wise-Hall

Ellen Shakles

Club Aims

To preserve or assist in the preservation of life at sea on the foreshore of Sandbanks Peninsula and Poole Harbour.

Club Objectives

Upon request to assist in the preservation of life at other locations throughout the year.

- To promote the development of lifeguard training and expertise.
- To arrange and promote lectures, demonstrations, and competitions and to form classes of instruction, to bring about a widespread and thorough knowledge of the principles that underlie the arts of swimming and lifesaving.
- To promote awareness of the Club and the RLSS-UK to a high level.

Training Nights

Thursday evening remains our main "club night" at the Dolphin Swimming Pool.

Pool training sessions are "held" every Thursday evening throughout the year (including school holidays except Easter Week and Christmas Week when we have a break.

The evening is now divided into two main sessions:

- **Session 1: 7.00pm to 8.30pm** – caters for the Rookie members. They normally start at 7.00pm for a dry theory / life support session followed by a pool session from 7.30pm to 8.30pm.
- **Session 2: 8.00pm to 9.30pm** – caters for members of a slightly older age group and covers training towards the National Lifesaving Academy Qualification This includes theory / life support sessions followed by a pool session for both junior and senior members.

Training in Lifesaving, Lifeguarding and Life Support skills are given to members both in the swimming pool and in open water at Sandbanks.

Open water training sessions are organised for the summer months on a Thursday evening.

Examinations are regularly undertaken for RLSS / SLSA / RYA awards.

Training is also provided in first aid, power boat handling, paddle craft, radio communications and other associated topics throughout the year.

Training Courses

If you're interested in any of our courses then please contact our Training Officers, either via email at training@rlss-poole.org.uk or come along to the Dolphin Swimming Pool, Thursdays between 7.00pm and 8.30pm and introduce yourself to the trainers.

Alternatively, you can visit the club website for more info and e-mail: info@rlsspoole.org.uk

For those existing club members who wish to develop their skills as a trainer the club provides training bursaries. These bursaries can cover lifesaving, life guarding and boat handling instructor courses.

Membership

RLSS Poole Lifeguard is open to anyone aged 9 years and above. There is an annual subscription fee which is renewable by the end of December each year. The membership year runs from the 1st of January to 31st December.

We offer four categories of membership: Senior, Junior, Family and Supporter:

- A Senior Member is one who is 18 years of age or over.
- A Junior Member less than 18 years of age
- A Family Membership consists of 3 or more family members living at the same address; max of 2 adults. Children are under 18 and in full time education.
- The Supporter membership is for non-active members (parents and friends).

If you are interested in joining, please contact one of the following: -

- Membership Secretary - membership@rlss-poole.org.uk
- Pool Training Officer - training@rlss-poole.org.uk
- For further info send an email to info@rlss-pool.org.uk

Or come along to the Dolphin Pool on a Thursday evening between 7.00pm and 8.30pm. We will be glad to see you and welcome you on board.

Please note that the Executive Committee have the right to refuse or cancel membership.

Cost

Due to the increase in cost of living, the cost of Membership has changed as agreed by the Executive Committee. Members pay by monthly standing order at a fee of £12.50 per month for weekly swim fee.

2024		2025	
Senior	£50.00	Senior	£50.00
Junior	£40.00	Junior	£40.00
Supporter	£30.00	Supporter	£30.00
Family	£100.00	Family	£100.00

2025 Trustee Annual Reports

Chairman and Club Captain Report

2025 has proved to be another successful year for the club. Training has been to a good standard and beach training through the summer was particularly well attended. The trainers group decided to make training more fun during the summer rather than focusing on the NLA syllabus. If the smiles were anything to go by, this was absolutely the right decision

A key activity in the club calendar is providing safety cover for swimmers engaging in open water swims either as individual challenges or as part of triathlon events. 2025 saw our members volunteer to take part in:

- Seahorse swim
- Support to GB Rowing sprints
- Poole Harbour Canoe Club - Harbour race
- Regular cover for East Dorset Open Water Swimming Club.

We also saw the club get stuck into RYA training for the first time in a few years. Following a successful inspection, 12 candidates (from Poole and Boscombe) successfully gained their RYA Powerboat Level 2 certificates. Hopefully this year will bring some consolidation in the form of event cover and patrols to their new found skills. Interest is already being shown for RYA training during the summer. If it is something that you fancy doing please register your interest on the RYA page of the club website, or just come and have a chat!

During the Summer we responded to a request from BCP to support RNLI by being an additional resource during the busy bank holiday periods. During one patrol we were tasked by HM Coastguard to a report of a capsized near to the harbour entrance. Legacy made good speed to the scene and fortunately all parties were safe on our arrival. Other units on scene were the police marine unit and the Harbour Master's launch. On establishing that all was well, we were able to stand down Poole Lifeboat as not required.

The Seahorse swim proved to be a very successful event with our army of paddlers, shore walkers and boat crews. We were supported by other clubs with the provision of other Inshore Rescue Boats and Crews. And we look forward to a repeat this year.

Planning and negotiations for The Brownsea Swim are well underway by Mark et al. Whilst these events are very technical and difficult to plan, one of the biggest causes

of stress comes from the worry of not being able to field the cover. Please could I urge you all to commit and sign up to cover the events early. Sign up sheets for our events are already available on the club website. Signing up early reduces the amount of sleepless nights and means that I don't have to nag everyone on Thursday nights.

Throughout the year members hit the age limit that they are allowed to take part in safety cover, and we saw a few members take part for the first time. 2026 should bring even more members that are old enough to take part, and we look forward to welcoming them on to the team. It is my intention that we repeat the very successful kayak training day that was run last year and helped support our events.

Sadly we have seen a slight drop in member numbers from the start of 2026 with older members moving on to pastures new and not renewing their membership. It is vital that we keep our membership strong. Please could you all think of any friends or family that may like the challenge and variety that RLSS Poole Lifeguard provides and see if they would like to come along and see what it's all about. To support this we will be holding a friends and family event, but if you know someone that's keen... get them to join!

Once again, I would like to thank the army of parents that support the club throughout the year. It makes a huge difference having the additional help on beach training events and also getting up ridiculously early to deliver your children to the beach for safety cover. Thank you all, it really is appreciated - and if any parents would like to become more involved with supporting events (Shore walking, kayak cover or boat crew) please come and have a chat!

Tom McMahon

Treasurer's Report

2025 was a steady year for the club's finances.

We closed the year with a small surplus of £565 compared to our position on 1 January 2025. While this is only a modest increase, it is nevertheless a positive outcome, remaining in the black is always preferable to overspending or making a loss.

Membership numbers did fall during the year, ending at approximately 90 members, which represents a reduction of around 15–20 members compared with previous years. This naturally resulted in a noticeable drop in both membership and monthly training fee income.

However, there were also significant positives. The club proudly funded our fantastic 50th Anniversary Celebration on Sandbanks Beach in August. We contributed £2,250 towards this event, which was enjoyed by many current and former members, and even attended by the Mayor of Poole. This was a major milestone in the club's history and a celebration well worth supporting.

When viewed in this context, the year-end surplus takes on a different perspective. Without the cost of the Anniversary Celebration, the club would have finished the year £2,750 up, a clear indication that our core operations remain efficient and financially sustainable.

Extract of 2025 Financial Summary

RLSS POOLE LIFEGUARD ACCOUNT 2025		
CATEGORY	INCOME AMOUNT	EXPENDITURE AMOUNT
Bank Charges	£ -	£ 37.28
Bank Transfer Between Club Accounts	£ -	£ -
Beach / Boat / Safety - Equipment	£ -	£ 4,047.84
Boats Services / Storage / Fuel	£ -	£ 3,202.85
Brownsea Swim	£ -	£ 60.00
Club Admin	£ 286.00	£ 3,388.80
Club Awards Night	£ -	£ 251.06
Club Insurance	£ -	£ -
Club Uniform	£ 61.51	£ 92.00
Competitions	£ 228.00	£ 492.40
Donations	£ 424.04	£ -
Membership	£ 2,985.05	£ -
Monthly Swim Fees	£ 8,350.00	£ -
Pool Awards	£ 52.44	£ 281.55
Pool Hire and Room Hire	£ -	£ 1,446.53
RYA Centre / Courses	£ 1,800.00	£ 587.03
Safety Cover / Patrols	£ 2,750.00	£ 1,213.80
Sponsored Swim (Club)	£ -	£ -
Website / Social Media/ SMS Messaging	£ -	£ 487.30
Club Bursary	£ -	£ 1,002.34
Course Fees / Training and Equipment	£ 415.23	£ 605.87
Deprec - tang and heritage f a	£ -	£ -
Independent Examination / Audit	£ -	£ 600.00
Interest receivable - trading	£ -	£ -
Total	£ 17,352.27	£ 17,796.65

Unfortunately, the National Trust was unable to accommodate the Brownsea Swim. We are hopeful for its return in 2026, but it is important to acknowledge that the event requires a huge amount of volunteer time and organisational effort. It cannot be relied upon as a consistent or dependable income source.

Looking ahead, 2026 presents financial challenges. Membership numbers appear to be continuing downward, and several pieces of club equipment now require major overhaul or replacement. In addition, we expect to incur rental costs for the garages at both the beach and Rockley Park, which will place further strain on our finances.

Based on current forecasts, our projected outgoings exceed our expected income. While we do have reserves available, relying on them without action would not be sustainable. Now is the time to explore additional funding sources, including grants, sponsorship, and fundraising initiatives, to ensure the long-term stability of the club.

The club has a proud history and a strong community. With proactive planning and collective effort, we can navigate the challenges ahead and continue to thrive.

Mark Shakles

Pool Training Officer's Report

2025 has been a year of extremes, with hugely positive beach training sessions, from which, the feedback was overwhelmingly positive, and a waiting list that was all but cleared and a new Rookie group created.

At the other end of the spectrum, we've seen a drop in membership, while not worrying at the moment, is an indicator that we may need to regroup and rethink and come back stronger and better. There will always be challenges, however, it is how we respond to these challenges that will determine how we move forward as trainers and as a club. I have every confidence that 2026 will be a great year for us and that we will continue to grow and thrive.

Andy Smart

Competitions Officer's Report

2025 has been a successful year for competitions, both in terms of participation, and results.

Internal Club Competition

The internal club competition took place in January with great and enthusiastic attendance. Full results and photos have been published on the club website; however, the overall winners were:

- 1st Sadie Morton (again)
- 2nd Alex Palmer
- 3rd Oscar Mowat

Twilight Competitions

We ran an indoor Twilight at the pool back in March 2025 with teams from Poole, Boscombe, Branksome, Bournemouth and Southbourne attending. 14 Junior teams, 5 from Poole competed (5th, 6th, 7th, 9th, 14th), 1 Open team, 2 from Poole competed (4th, 9th) and 5 Masters teams, with the Poole Masters helping to run the event.

In the Bournemouth Twilight, Poole entered 2 Junior teams finishing 5th and 9th out of 18 teams, 2 Open team who finished 2nd and 7th out of 10 teams, and a Masters team who finished 4th out of 8 teams.

In the Branksome Twilight, Poole entered 2 junior teams finishing 3rd and 6th out of 15 teams, 1 Open team finishing 2nd out of 9 teams, and 1 Masters team finishing 5th out of 6 teams.

RLSS National Lifesaving Championships

Competitors were coached in the late session leading up to the competitions including dry side scenario sessions.

We had 13 entries for the Regional Championships in Salisbury this year, one of the best represented clubs in the Southern region. Competition was fierce and only 1 RLSS Poole member, Riley Hayes won through to represent the South region in the Open category at the National finals in Leeds. He finished 9th overall.

Results and report with photos published on the club website:

<https://www.rlss.org.uk/lifesaving-sport-results>

We have maintained our Competitions group in the late session, and in this group, I continue to coach competition and swimming skills to seniors and Masters.

I have continued to work to encourage competition training, and on improving competition skills throughout the club, promoting and running Twilight practice sessions for both sessions.

We currently have

- 6 new gates which were acquired in 2025
- sufficient throw ropes
- sufficient Torpedo buoys
- sufficient swim hats
- 4 original pairs of race fins plus 4 additional pairs supplied by RLSS Wessex
- 4 adult manikins with bungs plus 2 junior manikins

Tim Harris

Equipment Officer's Report

2025 This year's report is a somewhat brief affair, with the year being characterised by re-organisation as opposed to new purchases and construction.

Beach stores

The garages at Sandbanks beach have had a series of deep clears, with unserviceable and obsolete equipment being cleared to provide a larger and safer changing space. Plans for new fitted racking were placed on hold this year, because of the ongoing clearing operation, it was found that more racking was less needed and decisions still need to be made about the potential for storage of kit at Rockley boat park. I have however built and installed a new mobile rack for wet kit to compliment the older wobblier one. This was used successfully throughout the beach season.

Thank you as ever to Dave Perch for his ongoing maintenance of the garage padlocks and for the installation of dehumidifiers to keep the kit as dry as possible.

Surf Life Saving Boards

Our new Inflatable "Red" rescue boards were used in training throughout the 2025 beach training season, proving very popular.

Brownsea Island Swim

With no Brownsea Island swim in 2025, there was an opportunity to re-organise the Brownsea garage, which was done in the early part of the year and again after the beach training season. Thanks to the willing volunteers that assisted with this.

Gazebo

I was very happy to order and purchase a new corporate event gazebo, branded for RLSS Poole Lifeguards in black and yellow and clearly marked in memory of Malcolm Acreman.

Rigid Inflatable Boats- Legacy and Apollo

We have now accepted that the potential for replacing our boats in 2025 was never genuine and we must now consider how best to proceed with both Legacy and Apollo. Both vessels were well used throughout 2025, with multiple training events and safety patrols- thank you to the coxswains and instructors that led the way with this program. Inevitably, repairs have been necessary along the way and I am grateful to our resident "sea dogs" (I didn't say Old..) for their advice and work to get these necessary repairs completed. There are good grounds to believe that some upgrades are required for Legacy to maximise her utility into the next season and beyond and this is matter of some debate amongst the coxswains. All are working towards the best interests of the club, and the membership and sensible decisions are just around the corner.

Dolphin Swimming Pool

This year, Mark and Ellen Shakles ripped into the pool cages, clearing out vast amounts of obsolete or broken kit, providing a much more organised storage space. This has also revealed some pieces of useful equipment that have been buried for some time. Further work is needed in the resus cupboard into 2026.

Thank you to everyone who helps keep our equipment in top shape. With my limited time this year, I truly appreciate your expertise and support.

Tim Travers

Membership Officer's Report

We had a total of 92 members - mostly made up from the ages of 10 years to 16 years, all of whom take part in Rookie Training or NLA award programmes.

We still have the capacity to be able to take in more junior members but more importantly the club needs to have a big recruitment drive to increase our senior section 16+, as these are invaluable for helping with events during the summer months, this is the future security of the club and should be included in the 5-year plan.

I would like to say thanks to our parent helpers, who help on a Thursday evening taking the register.

Julie Lerner

RLSS Poole Lifeguard 50th Anniversary Celebration 2025

The golden sands of Sandbanks Beach were the perfect setting for a golden celebration as RLSS Poole Lifeguard marked its 50th anniversary in style. Trainers, volunteers, and members—past and present—gathered alongside families and friends to honour five decades of lifesaving excellence, community spirit, and unwavering dedication.

This milestone event brought together generations of lifesavers, from the club's founding members to the newest recruits, creating a heartwarming atmosphere of shared memories and future aspirations. RLSS Poole Lifeguard has long been more than just a training ground—it's a family. For many, it has been a cornerstone of personal growth, community service, and lifelong friendships.

The evening was filled with joy and nostalgia. A stunning display of photographs showcased the club's journey through the years, capturing everything from early training sessions to heroic rescues and community events. Special guests, including Jill Shepherd, one of the club's founding members, and the Mayor of Poole, added a touch of prestige and heartfelt appreciation to the occasion.

Guests enjoyed a lively programme of beach games, a raffle with generous donations from local businesses, and a delicious hog roast that brought everyone together around the table. The highlight of the evening was the awards ceremony, where outstanding contributions were recognised, and the next generation of lifesavers were celebrated.

A huge thank you to all the companies who donated raffle prizes, the volunteers who made the event possible, and the families and children who continue to support and grow with the club. Your presence and passion ensure that the RLSS Poole Lifeguard Club legacy will continue to thrive for another 50 years and beyond.

Photographs of the event can be found on the club's website: <https://www.rlss-poole.org.uk/the-club-celebrated-50-yrs-in-style>

Here's to the lifesavers of the past, the heroes of today, and the future guardians of our shores.

The Events Planning Team

RLSS Poole Lifeguard Annual Club Honour Awards for 2025

Congratulations to all members who were awarded Annual Awards for 2025.

Details can be found at <https://www.rlss-poole.org.uk/>

RLSS UK National Honour Awards for 2025

Congratulations to all members who were awarded National Honour Awards for 2025.

<https://www.rlss.org.uk/Handlers/Download.ashx?IDMF=b5f3c124-3563-4383-be47-646a82beffb>

RLSS Equipment List 2025

Sandbanks Beach

ASSET	MAKE	TYPE	QUANTITY	COST PER ITEM	TOTAL COST
Rib 3.8mtr + 15hp engine	Avon	Rib	1	£6,000.00	£6,000.00
Junior racing ski			2	£795.00	£1590.00
Rib 5.9mtr + 115hp engine	Ribcraft	Rib	1	£39,000.00	£39,000.00
Road Trailer			1	£750.00	£750.00
Cags- waterproof kayak tops	Palm		21	£25	£525
Launch Trailer			1	£350.00	£350.00
Wet suits	Gull		10	£25	£250.00
Nipper Boards			2	£310.00	£620.00
Foam Float Boards			2	£350.00	£700.00
Reel & Line			1	£850.00	£850.00
Racing Malibu Boards			6	£699.00	£4194.00
Paddles			12	£30.00	£360.00
Paddles			3	£45.00	£135.00
Lifejackets	Crewsaver	275kg	4	£528.00	£2112.00
Lifejackets	Crewsaver	175kg	2	£90.00	£180.00
Lifejackets	CRS	150kg	2	£90.00	£180.00
Lifejackets	Crewsaver		5	£60.00	£300.00
Buoyancy Aids	Palm		29	£40.00	£1160.00

Buoyancy Aids	Yak		2	£40.00	£80.00
Rescue Tubes			9	£86.75	£780.75
Radios (Handheld)	ICOM	VHF	3	£150.00	£450.00
Radio (Base)	ICOM	VHF	1	£250.00	£250.00
Tables			4	£40.00	£160.00
BBQ & Gas Bottle			1	£100.00	£100.00
Small Pink Buoys			2	£250.00	£500.00
Small Pink Buoys (PBCSLA)			2	£250.00	£500.00
Anchor, Wrap & Chain			6	£100.00	£600.00
Kayaks - Islander			10	£430.00	£4300.00
Boat suits			15	£60.00	£900.00
Inflatable changing tent	Berghaus	Airbeam	1	£285	£285
Totals					£68,161.75

Dolphin Swimming Pool

ASSET	MAKE	TYPE	QUANTITY	COST PER ITEM	TOTAL COST
Adult Manikin	Laerdal		8	£137.20	£ 1097.60
Junior Manikin	Laerdal		7	£137.20	£ 960.40
Baby Manikin	Laerdal		9	£101.35	£912.15
Body Boards			9	£30.00	£270.00
AED Units		Practice test	2	£115.00	£230.00
Rescue Tubes (small)			9	?	
Rescue Tubes (large)			9	?	
Diving Bricks			18	?	
Throw Ropes			11	£17.50	£192.50
Swim Hoops			8	£5.00	£40.00
Fins(pair)			4	?	
Comp fins				?	
Snorkels			7	£5.00	£35.00
Buckets			2	£2.00	£4.00
Water Polo Hoops			2	£25.00	£50.00
Towing Manikin			3	£185.00	£555.00
Towing Manikin		PBCLSA	1	£185.00	£185.00
Spine Board			1	£560.00	£560.00
Competition gates			6		

Throwing aids			3		
Balls- large			9		
Totals					£5091.65

Brownsea Swim Kit

ASSET	TYPE	QUANTITY	TOTAL COST
20KG Disc Weights	Heavy Duty Weights	16	£480.00
Airhorns - 2 x Horns & 2x Canisters Plus Whistle		2	£20.00
Anchor	Assorted size and type	14	
Assorted Lanyards for Swim Cards			£200.00
Bad Weather Protection Kit	36 rain ponchos		£45.00
Umbrellas		3	£30
Beach Shelter Beach Tent for Paddle Craft		1	£20.00
Brownsea Swim Banners	3m	2	£210.00
Cold Casualty Packs Blanket Plus Bin Liner and Instructions in dry bag		22	£300.00
Event Shelters	4.5m x 4.5m	3	£400.00
Notice boards	A1	2	£100.00
Course Marker Buoys	Crewsaver Triangle shaped	6	£1650.00
Gantry Galvanize Scaffold Poles & Clamps	Finish funnel tubing x 3	1	£350.00
HI Vis Marshall Bibs	Yellow Orange	24 150	£210.00 £300.00
ID Card Printer	[Mark Shakles?]	1	£399.00
ID Cards	Box	1	£180.00
Inflatable Tubes for Finish	Yellow	8	£200.00
Large Buoys	Yellow & Pink	2 - 4	£500.00 - £1,200.00
Large Blankets Vacuum Pack		5	£50.00
Large Clock Large Analogue Clock for Finish Line		1	£40.00
Loud Hailer 1		1	£241.50
Marquee	6x3 & 9x3	1	£60.00-150.00
Place Cards	Box	275	£50.00
Registration Boxes	Transparent, Purple, Blue	8	£35.00
Stop Watches 3x100MEM, 2x3003x30MEMEM, 1x500MEM		9	£150.00
Storage Boxes	65L	10	£200.00

Trugs For General Carrying of Items		4	£25.00
VIP Weather Writers		2	£55.00
Whistles & Lanyards for use by Paddle		55	£75.00
Feather Flags		3	£180
240V extension lead		1	£30
Survival bags		26	£80
Tow ropes	Purple	10	£75
Brownsea marshal bags	1 box		£?
Box of assorted pumps			£?
Registration box		2	£?
Orange flags		2	£?
Electric Urn		2	£300.00
Carpet rolls Green		4	£?
Carpet rolls Grey		3	£?
TOTALS			£7612.88

Acknowledgements

RLSS Poole Lifeguard is incredibly grateful for and appreciated the continued support received during 2025 from:

- Officers and Staff, Royal Motor Yacht Club
- Officers and Staff, Rockley Park
- BCP Beach Officers
- Members and Clubs from the PBCLSA
- RNLI
- SLSA-GB
- Poole Harbour Canoe Club
- Dolphin Swimming Pool – Everyone Active
- Marine Volunteer Boat Service
- North Haven Yacht Club

Supporters of our 50th Anniversary Celebration

- BCP Council
- Parkstone Waitrose
- HogroastBBQ
- Oceanarium

- Compton Acres
- Branksome Tesco
- The Britannia
- RT Promotions
- Rock Reef
- The Minuteman

Supporters of the Annual Brownsea Island Swim



All of our club members and of course, any other people that we have missed off the above list!

Distribution

- The Royal Life Saving Society UK Headquarters
- RLSS Wessex Branch Chairman
- BCP Council
- Dolphin Swimming Poole
- Patron
- Trustees
- RLSS Poole Lifeguard website - www.rlss-poole.org.uk

With thanks to the Executive Committee

RLSS Poole Lifeguard would like to thank all its Executive Committee Trustees for all the work that they have done during 2025, we look forward to working with those that have offered themselves for election or re-election and wish those that wish to stand down all the best for the future.

INFORMATION FOR 2026

EMAIL ADDRESSES:

Executive

president@rlss-poole.org.uk
chair@rlss-poole.org.uk
honsec@rlss-poole.org.uk
membership@rlss-poole.org.uk
fundraising@rlss-poole.org.uk
pr@rlss-poole.org.uk

treasurer@rlss-poole.org.uk
clubcaptain@rlss-poole.org.uk
training@rlss-poole.org.uk
equipment@rlss-poole.org.uk
comps@rlss-poole.org.uk

General

info@rlss-poole.org.uk
brownsea@rlss-poole.org.uk
jill.bailey2@sky.com

General Enquiries about RLSS Poole Lifeguard
Info / enquiries relating to Brownsea Island Swim
RLSS Wessex Branch – representative for Poole

EXECUTIVE COMMITTEE DATES

Meeting

Committee Meeting No 1
PLG AGM
Committee Meeting No 2
Committee Meeting No 3
Committee Meeting No 4
Committee Meeting No 5

Location

Cornerstone Academy, Poole
Cornerstone Academy, Poole
Cornerstone Academy, Poole
Cornerstone Academy, Poole
Cornerstone Academy, Poole

Date

11 February 2026
11 March 2026
11 May 2026
16 September 2026
9 November 2026
10 February 2027

CLUB EVENT DATES:

Event

Poole Twilight Competition
Sponsored Swim
Awards Evening
Beach training dates

Location

Dolphin swimming pool
Dolphin swimming pool
The Hamworthy Club
Sandbanks

Date

12 Feb 2026
TBC
30 April 2026
June – Sept 2026

SAFETY COVER EVENT DATES:

Safety cover event

East Dorset Open Water Swimmers
Seahorse Swim
Poole Harbour Canoe Race
Brownsea Island Swim

Location

Sandbanks
Knoll Beach
Lake Pier, Hamworthy
Brownsea Island

Date

Apr – Oct 2026
28 June 2026
19 Sept 2026
27 Sept 2026

COMMUNITY EVENT DATES:

Safety cover event

Boscombe Twilight Competition
Branksome Twilight Competition
BCP Beating of the Bounds
Hamworthy Parke Fete

Location

Dolphin swimming pool
Dolphin swimming pool
Poole Quay
Hamworthy Park

Date

12 Mar 2026
16 Apr 2026
16 May 2026
TBC

RLSS WESSEX EVENTS:

Event	Location	Date
Wessex Branch AGM	TBC	TBC
Wessex Regionals Competition	TBC	TBC
Wessex Beach Day	Sandbanks	TBC

RLSS UK EVENTS:

Event	Location	Date
Annual Technical Conference	Coventry	12 Feb 2026
National Speed Championships	Birmingham	14 – 15 Mar 2026
National Drowning Prevention Week	Nationwide event	13 – 30 June 2026
National Honours Ceremony	Coventry	TBC
National LS Championships	Birmingham	14 Nov 2026

For 2025 in pictures, please visit <https://www.rlss-poole.org.uk/>