



# Annual Report - 2022



Julie Marshall

Hon. Sec

01/03/2023

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# Patron

The Mayor and Admiral of The Port of Poole

## Appointed Trustees

Jill Bailey  
Louise Harrison  
Brian Pemberton

The Executive Trustees Committee will appoint three additional trustees for a period of five years, an appointed Trustee may stand down from their role at any time. Appointed Trustees are appointed to maintain a governance overview of the club and to provide stability.

## Executive Trustees Committee 2022

<b>President</b>	David Ayres
<b>Chairman</b>	Amanda Wise-Hall
<b>Vice Chairman</b>	Vacant
<b>Hon Secretary</b>	Julie Marshall
<b>Hon Treasurer</b>	Mark Shakles
<b>Club Captain</b>	Tom McMahon
<b>Pool/Open Water Training Officer</b>	Andrew Smart
<b>Equipment Officer</b>	Brian Pemberton
<b>Public Relations Officer</b>	Vacant
<b>Competitions Officer</b>	Tim Harris
<b>Membership Secretary</b>	Julie Larnar
<b>Fundraising Officer</b>	Clare Hawkins

All members of the Executive Committee are Trustees of the club as stated in the RLSS Poole Lifeguard Club Executive Committee roles document. As such they are responsible for the general control and management of the administration of the club.

### Club Aim

- To preserve or assist in the preservation of life at sea on the foreshore of Sandbanks Peninsula and Poole Harbour.

### Club Objectives

- Upon request to assist in the preservation of life at other locations throughout the year.
- To promote the development of lifeguard training and expertise.
- To arrange and promote lectures, demonstrations, and competitions and to form classes of instruction, to bring about a widespread and thorough knowledge of the principles that underlie the arts of swimming and lifesaving.
- To promote awareness of the Club and the RLSS-UK to a high level.



# Training Nights

Thursday evening remains our main "club night" at the Dolphin Swimming Pool.

Pool training sessions are "held" every Thursday evening throughout the year (including school holidays except Easter Week and Christmas Week when we have a break.

The evening is now divided into two main sessions:

**Session 1: 7.00pm to 8.45pm** - caters for the Rookie section. Rookies normally start at 7.00pm for a dry Theory / Life Support session followed by a pool session from 7.30pm to 8.30pm.

**Session 2: 8.00pm to 9.45pm** - This caters for rookies of a slightly older age group and covers a variety of swimming awards including training towards Survive and Save and other pool awards and dry side Theory/Life Support for junior and senior members.

Training in Lifesaving, Lifeguarding and Life Support skills are given to members both in the swimming pool and in open water at Sandbanks.

Open water training sessions are organised on an alternative evening (Tuesdays) and weekends during the summer months.

Examinations are regularly undertaken for RLSS / SLSA / RYA awards.

Training is also provided in first aid, power boat handling, paddle craft, radio communications and other associated topics throughout the year.

## Training Courses

If you're interested in any of our courses then please contact our Training Officers, either via email at **[training@rlss-poole.org.uk](mailto:training@rlss-poole.org.uk)**, or come along to the Dolphin Swimming Pool, Thursdays between 7.00pm and 8.45pm and introduce yourself to the trainers. Alternatively, you can visit the club website for more info and e-mail: **[info@rlss-poole.org.uk](mailto:info@rlss-poole.org.uk)**.

For those existing club members who wish to develop their skills as a trainer the club provides training bursaries. These bursaries can cover life saving, life guarding and boat handling instructor courses.



## Membership

RLSS Poole Lifeguard is open to anyone aged 9 years and above. There is an annual subscription fee which is renewable by the end of December each year. The membership year runs from the 1<sup>st</sup> of January to 31<sup>st</sup> December.

We offer four categories of membership: **Senior, Junior, Family and Supporter**: -

- A Senior Member is one who is 18 years of age or over.
- A Junior Member less than 18 years of age
- A Family Membership consists of 3 or more family members living at the same address; max of 2 adults. Children are under 18 and in full time education.
- The Supporter membership is for non-active members (parents and friends).

New members are always welcome but are reminded that the objective of RLSS Poole Lifeguard is to provide lifeguards to keep Sandbanks Beach safe.

## How to Join

If you are interested in joining, please contact one of the following: -

- |                                     |                                     |
|-------------------------------------|-------------------------------------|
| • Membership Secretary              | <b>membership@rlss-poole.org.uk</b> |
| • Pool Training Officer             | <b>training@rlss-poole.org.uk</b>   |
| • Open Water Training Officer       | <b>training@rlss-poole.org.uk</b>   |
| • For further info send an email to | <b>info@rlss-pool.org.uk</b>        |

Or come along to the Dolphin Pool on a Thursday evening between 7.00pm and 8.45pm. We will be glad to see you and welcome you on board.

Please note that the Executive Committee have the right to refuse or cancel membership.

## Cost

The cost of the Membership has remained the same as agreed by the executive committee.

2021		2022	
Senior	£40.00	Senior	£45.00
Junior	£30.00	Junior	£35.00
Supporter	£20.00	Supporter	£25.00
Family	£75.00	Family	£80.00

Members to pay by monthly standing order at a fee of £10.00 per month for weekly swim fee.



# 2022 Officer's Annual Reports

## President's Report:

The RLSS Poole Lifeguard Club commenced the beginning of the year with a reduced club membership, we were continuing the process of recovery following the restrictions of Covid-19.

The club continued with its delivery of the RLSS UK Rookie and Survive and Save training programs. Several club members asked to become Rookie Instructors, places were found for them on a local course, which they all successfully completed. This has provided the club with new enthusiastic trainers. Having gained training experience some of the new trainers successfully completed a Survive and Save instructor's course.

I must thank our chair, Amanda Wise-Hall for promoting the club at several events during the year. A small team of club members attended these events, high lighting the opportunities the club can give to its members. As a result, membership number have increased. We know if you can encourage 2 or 3 new members, they often bring their friends with them.

I must also thank Simon and Lara Moore who have been part of the club's mainstay trainers for many years. In addition to their training roles, they have been some of the clubs' mainstays providing safety cover at most events the club have been involved with for many years. They both decided to have a break from their training roles.

I also wish to thank Julie Marshall for all she has done for several years as the club secretary, working quietly in the background keeping everything ship shape.

It was decided not to run the Brownsea Swim this year, however plans are in place for 2023. The club agreed to co-ordinate and provided water-based safety cover for other open water events in 2022 such as triathlons and the Seahorse Swim. These events provide the club with an excellent opportunity to show how they support other groups within our community, promote the club and allow the club members to demonstrate their skills. The team spirit generated through these events is superb. I must thank all those who took part.

The club has spent time looking to the future and has produced an ongoing five-year development plan. This plan was developed through a club review day involving club members, trainers, executive and governance trustees where a SWOT Analysis was completed, highlighting the clubs' strengths, weaknesses, opportunities, and threats.

I must thank the Bournemouth Christchurch Poole Council and The Royal Motor Yacht Club who support us daily. There are many people who support the club in different ways, members, their parents, our dedicated trainers, and executive and governance trustees.

David Ayres

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# Chairman's Report:

What a year it's been.

In February we held the postponed 2020 sponsored swim in memory of a very important club member - Malcolm Acreman who sadly passed away in 2019. The swim was a huge success with 44 swimmers completing 700 lengths in an hour! We managed to raise a massive £2160.00 to go towards purchasing a new designated lead Kayak in a different colour from the rest of the fleet.

This was followed by the 2021 Annual Awards. The poolside was filled with cheers as trophies were awarded to well deserving nominees. Even though only a selection of trophies are awarded each year, in my view every single member of the club are deserved winners!

The first of many safety cover events of the year started in May and finished in September. As usual club members volunteered to help and needed to be onsite early to lay the courses and be water ready for the events to commence. Once the events were finished, members needed to help wash and pack away all kit. Hot refreshments were welcomed by all. Events included the Swanage Triathlon, Sandbanks Triathlon, Seahorse Swim and finally the Results Triathlon.

Our Beach Training days also made a comeback and members from the Rookie and Survive & Save courses took part. All enjoyed sessions both in the water and on land with a cheeky guided tour of the RNLI safety hut. This was followed by a finale fish and chip evening with games on the beach.

In July the club had its first promotional stand at the Hamworthy Park Fete, alongside RLSS Wessex Branch, to raise awareness of water safety and lifesaving skills and provide members of the public the chance to have a go at resuscitation on our resus manikins and rope throws. It was fantastic to see so many of our youth members come along to help and stand together in a sea of yellow t-shirts representing the club and its activities.

The club was lucky enough to be able to offer members RYA Certificate 2 in Boat Handling courses throughout September and October, which were well attended. Those that took part fed back how much they enjoyed being out on the boats. This is something we plan to continue in 2023 as well as offer time on the water for those who achieved their level 2 certificate.

To finish off the year, the club attained an outstanding achievement at the RLSS UK National Championships, the road to which began on a sunny October afternoon in Dorchester. A team of 8 competitors and 1 volunteer casualty took part in the Southern Regional competition to represent Poole. Following a fiercely contested competition, in which all our team members excelled, 4 competitors moved forward as debutants to represent the Southern region at the National finals in Leeds on 5 November.

In Leeds, beneath a packed gallery, full of friends, family, and supporters, our 4 competitors joined the South region group to march around the 50m Olympic sized pool perimeter. I was lucky enough to be able to attend alongside another club member as a volunteer casualty and timekeeper. The standard at the Nationals is a considerable step up from the Regionals, and whilst hopes were high, there was also the realisation that top performances would be required from our competitors - they certainly did not disappoint, and after a long and tiring day of competition, we held 12th place in the men individuals, 8<sup>th</sup> place in the ladies event and 4<sup>th</sup> place for our junior pair (agonisingly missing out on a podium finish by a mere 2 points!!).



Our thanks go to RLSS UK for organising the Southern Regional and National Championship competition, for all officials, volunteers, parents, and family members who got our team members there and of course to our competitors for stepping up to be part of a great and enjoyable event.

As a club we have achieved so much in the past year and continue to see member and trainer numbers grow, however we sadly had to say goodbye to two dedicated trainers for personal reasons. I whole heartedly thank them for the time they have given to the club and look forward to welcoming them at future safety cover events.

Finally, the year has not been without challenges, one of which was to arrange a development day to create a SWOT analysis and 5-year plan, outlining the club aims alongside the understanding that we all need to remain flexible in our approach to leading the club into 2023 and beyond.

**Amanda Wise-Hall**

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## **Treasurer Report:**

2022 was a much better year in terms of the club finances than in recent years, although we were only up by £1500 at the end of the year from than the start of year. However, we have to be happy that we had not made a loss as in the previous two years due to COVID and resultant lockdowns. However, we can't relax just yet, as we are still down by approx. £15,000 from where we were at the end of the 2020.

We were finally able to get back out on the water and provide safety cover at 5 open water swimming events this year following the lock downs and as a result were able to generate some income in the form of donations from the event organisers.

**Mark Shakles**

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## **Equipment Officer Report:**

It was with a sense of relief that we were able to have the rescue boats in the water after Covid to do what we are good at, provide event safety cover and carry out RYA Level 2 Power Boat Course instruction.

It was a short season but with the Power Boat courses completed, we now have a bigger pool of trained coxswains for the year 2023.

We disposed of one boat Aranacia "Lottie" this year, with the sale proceeds going into the club's account. Even with the club's equipment not being used for the best part of this year we still need to keep it insured which is a considerable amount.

I am resigning from the Equipment Officers position and thank all those who provided assistance during the years I have held this position.

**Brian Pemberton**

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## Club Captain Report:

Having returned to the club after a hiatus of twenty something years, has been a great privilege. So many things have changed in that time that in some ways the club is barely recognisable from the club that I knew in the mid-90's. One thing that remains the same is the effort and dedication that the children and instructors make on a weekly basis. Seeing them work hard to achieve the standards and finally get their awards gives me great pride to be back with the club. It is also thrilling to see the membership numbers growing again since the damage inflicted by the pandemic.

As our numbers grow, so too does our capability and capacity to provide high quality safety cover at events. In the past 12 months we have covered a number of open water swims and triathlons locally and include:

- The Seahorse Swim
- Swanage Triathlon
- Sandbanks Triathlons (x2)
- Regular cover for East Dorset Open Water Swimming Club.

Providing cover at these events involves a multi-faceted approach, and as such we have Rescue Boats, Paddle Craft and Shore Walkers deployed to render assistance where required.

At the end of summer, the club carried out RYA Level 2 Powerboat training for a number of members. Whilst being great fun for the candidates, it further enhances our capability within the club. I am looking forward to seeing these new powerboat handlers develop into experienced coxswains of the future. This training will also combine with the newly released syllabus of the National Lifesaving Academy. Due to the nature of these awards, more time will be spent gaining experience in beach and open water lifesaving. This will continue to develop our operational effectiveness in providing safety cover and may hopefully allow us to increase the number of events that we cover.

Safety cover often involves very early starts to lay out the course, and to have the safety systems in place so the event can run. We are hugely grateful for the support that we get not only from the club members but also their families as well. We really could not run a club like this without the support of parents and guardians. I would like to take this opportunity to say a big thankyou to all that support the club.

**Tom McMahon**

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# Pool Training Officer's Report:

This has been a fantastic year for the club that has seen us grow in numbers and in reputation, in part down to Tim Harris and the success our club had at the National Lifesaving Championships in Leeds, but also with the addition of Tom McMahon and Mark Shakles returning to the poolside to help train our younger members.

The last few years began to see a decline, much of it related to the Covid-19 pandemic, but this year, the club has come back stronger than ever, with RLSS UK's new flagship training programme, National Lifesaving Academy (NLA) being rolled out across the club. It is wonderful to see our younger members commit to these exciting changes, young people who are willing to give their time every Thursday evening and to every competition and event the club runs for them. Without our young members, we would not have a club, so I would like to thank everyone for their continued support of RLSS Poole Lifeguard.

We now have more focus on young instructors, and we are proud to pass the baton to the next generation of lifesavers, lifeguards and instructors. As such, we welcome Amelia Percival, Brodie Wyatt and Ethan Pilley to the training team. You are an inspirational group of instructors and I wish you the best of luck at the start of your journey as Club Trainers. A small number of Rookie instructors have also now qualified as NLA instructors and have started teaching from the NLA syllabus. This is an exciting time for us as we start this new phase of our journey, and I am proud to train alongside such a dedicated team of instructors.

Looking further ahead into 2023, there will be a number of areas we would like to focus on. Firstly, to reinstate Rookie of the Month. This has already started, with Jake Balchin being the recipient for January. The plan is to then submit all of the winners for the Annual Club Honours and all the winners will be put forward for Rookie of the Year. Secondly, with NLA as a key focus, we would like to branch out further so that we train towards the Open Water elements of the programme. This is a new venture for our club, and we hope that you will go on this journey with us. Finally, it is our wish to once again be able to run NPLQ courses within the club. This is a work in progress, but we are confident that the first courses will take place later in the year.

Thank you to all the parents, members, and instructors for making this a truly special club. I am proud to head a group of brilliant instructors and look forward to 2023 and beyond.

**Andy Smart**

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## Competitions Officer Report:

2022 has been a successful year for competitions, both in terms of participation, and results.

We ran an indoor Twilight at the Dolphin pool back in March 2022 Teams from Poole, Boscombe, Branksome, Boscombe and Southbourne attended. 12 Junior teams 4 from Poole competed (3rd, 6th, 9th, 11th) 12 Open teams, 4 from Poole competed (1st, 6th, 9th, 10th) No other local club ran an indoor Twilight in 2022.

RLSS National Lifesaving Championships <https://www.rlss-poole.org.uk/nationalchamps/> We had 8 entries for the Regional Championships in Dorchester, the best represented club in the Southern region. 4 members won through to the National finals in Leeds where we had a 4th (pairs), 8th (Ladies) and 12th (Men's) finish. The South Team which included a 1st place in the senior girls finished 6th overall, the best result for many years. We have maintained our Competitions group in the late session, and in this group, I continue to coach competition and swimming skills.

Our National lifesaving championship competitors were also coached in this session leading up to the competitions including dry side scenario sessions. Masters training was also carried out in the late session I have continued to work to encourage competition training, and on improving competition skills throughout the club, promoting and running Twilight practice sessions for both sessions. Unfortunately, due to C19 and commitments, we did not manage to run the internal club competition in 2022. We will be running an internal club competition in 2023.

Equipment: We currently have • 6 gates which are in reasonable condition • sufficient throw ropes • sufficient Torpedo buoys • 4 pairs of race fins – it might be an idea to invest in some more race fins. • We have 3 manikins with bungs for 4. One of the manikins which went missing in 2021 has never been found. At least one of the remaining manikins requires a stopper which will need replacing. It might be worth investing in further manikins and bungs. •

**Tim Harris**

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## Membership Officer Report:

After a couple of troubled years with Covid lock downs we had to unfortunately restrict numbers at the pool due to the Government restrictions, causing many issues beyond our control the membership list dropped significantly. As a result, it was decided last year was the year for us to get back on track with a big push to get the numbers back up, which was successfully done by putting the message out to local schools etc.

The Prospective new Rookie Lifeguards were then invited to attend our new Taster sessions. Our new members then helped to put our total membership up to a respectable 92 once more. Well done to all in achieving this.

**Julie Larner**

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# RLSS Poole Lifeguard Membership 2022

## Life Member

Archer Stuart	Harrison Louise	Pemberton Brian	Shakles Mark
Ayres David	Haydon(Blinston) Mary	Pemberton Irene	Smart Andrew
Bailey Jill	Moore Simon	Perch David	

## Senior

Callahan Danni	Harris Astrid	Labouchardiere Elliot	Nally Thomas	Travers Tim
Cooper David	Harris Tim	Marjason Emma	Sullivan Steven	

## Junior

Bachmann Kieran	Edwards Sophia	Marran Max	Percival Amelia	Sullivan Connor
Balchin Jake	Ford Toby	Mazilu Nichita	Percival Lewis	Sullivan Sidney
Ball Aimee	Grover Kyle	McGregor Isla	Pilley Ethan	Thomas Gracie
Barnes Millie	Hall Dylan	McGregor James	Pilley Lola	Travers Samuel
Boyd Harry	Harris Max	McInnes Zoe	Purchase Ollie	Traves Tilly
Boyd James	Hayes Riley	McMahon Daisy	Reece Ella	Turner Sophie
Buckland Daniel	Heckford Emma	Morton Felix	Rowell Lewis	Vaughton Sammy
Burgan Sophie	Heckford Oliver	Morton Sadie	Shakles Ellen	Wafa Michelle
Cataldo Luca	Hoyle Nathan	Nebel Lara	Sinden Charlie	Williams Scarlett Lilly
Ceconi Izzy	Hoyle Ryan	OwenDiNoto Luca	Sinden Megan	Wise Oscar
Ceconi Robbie	Jupe Lacie	Papka Emma	Snelling George	Wood Eric
Chester William	Kenway Emily	Pathak Jayden	Snook Archie	Wyatt Brodie
Edwards Lola	Knight Spike	Peachey Brian	Southam Summer	

## Supporter

Clay Gary	Larner Julie	McMahon Tom	Riley David
Darkin Mike	Marshall Julie	Moore Lara	Wise-Hall Amanda

## Trustees

Bailey Jill  
Harrison Louise  
Pemberton Brian



## RLSS Poole Lifeguard Annual Award for 2022



**Congratulations to the following members  
who were awarded annual awards for 2022**

**Rookie of the Year**  
**Ellen Shakles**

**Lifeguard of the Year**  
**Ethan Pilley**

**Most Improved Female Rookie**  
**Lola Pilley**

**Assistant Lifeguard of the Year**  
**Archie Snook**

**Most Improved Male Rookie**  
**Jake Balchin**

**Boatperson of the year**  
**Samuel Travers**

**Services to Lifesaving**  
**Mike Darkin**

**Training Shield**  
**Amelia Percival**

**Associate Member of the year**  
**Emma and Tim Travers**

**Presidents award**  
**Jill Bailey**





# RLSS Equipment List 2022

## Sandbanks Beach

ASSET	MAKE	TYPE	QUANTITY	COST PER ITEM	TOTAL COST
Rib 3.8mtr + 15hp engine	Avon	Rib	1	£6,000.00	£6,000.00
Junior racing ski			2	£795.00	£1590.00
Rib 5.9mtr + 115hp engine	Ribcraft	Rib	1	£39,000.00	£39,000.00
Road Trailer			1	£750.00	£750.00
Cobra ski			4	£820.00	£3280.00
Launch Trailer			1	£350.00	£350.00
Racing Ski			2	£695.00	£1390.00
Junior Racing Board			2	£430.00	£860.00
Nipper Boards			2	£310.00	£620.00
Foam Float Boards			2	£350.00	£700.00
Reel & Line			1	£850.00	£850.00
Racing Malibu Boards			4	£699.00	£2796.00
Paddles			10	£30.00	£300.00
Paddles			10	£45.00	£450.00
Lifejackets	Crewsaver	275kg	4	£528.00	£2112.00
Lifejackets	Crewsaver	175kg	2	£90.00	£180.00
Lifejackets	CRS	150kg	2	£90.00	£180.00
Lifejackets	Crewsaver		5	£60.00	£300.00
Buoyancy Aids	Crewsaver		10	£40.00	£400.00
Buoyancy Aids	Palm		11	£40.00	£440.00
Rescue Tubes			12	£86.75	£1041.00
Radios (Handheld)	ICOM	VHF	3	£150.00	£450.00
Radio (Base)	ICOM	VHF	1	£250.00	£250.00
Tables			5	£40.00	£200.00
Electric Urn			2	£150.00	£300.00
BBQ & Gas Bottle			1	£100.00	£100.00
Small Pink Buoys			2	£250.00	£500.00
Small Pink Buoys (PBCSLA)			2	£250.00	£500.00
Anchor, Wrap & Chain			6	£100.00	£600.00
Kayaks – Sit on			10	£430.00	£4300.00
Boat suits			15	£60.00	£900.00

<b>Totals</b>	<b>£53838.75</b>	<b>£71689.00</b>
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**lifesavers**  
The Royal Life Saving Society UK

Patron: The Mayor & Admiral of The Port of Poole  
Charity No: 1073840  
Founded: June 1975

Website: [www.rlss-poole.org.uk](http://www.rlss-poole.org.uk)  
Email: [info@rlss-poole.org.uk](mailto:info@rlss-poole.org.uk)  
HQ: Sandbanks Beach - Poole



# RLSS Equipment List 2022

## Dolphin Swimming Pool

ASSET	MAKE	TYPE	QUANTITY	COST PER ITEM	TOTAL COST
Adult Manikin	Laedra		10	£137.20	£1372.00
Junior Manikin	Laedra		2	£137.20	£274.40
Baby Manikin	Laedra		5	£101.35	£507.00
Body Boards			9	£30.00	£270.00
AED Units		Practice test	2	£115.00	£230.00
Rescue Tubes			10	£86.75	£867.50
Diving Bricks		Large	6	£19.50	£117.00
Diving Bricks		Small	3	£12.46	£37.38
Throw Ropes			20	£17.50	£350.00
Swim Hoops			8	£5.00	£40.00
Flippers(pair)			14	£17.25	£241.50
Snorkels			7	£5.00	£35.00
Buckets			2	£2.00	£4.00
Water Polo Hoops			2	£25.00	£50.00
Towing Manikin			3	£185.00	£555.00
Towing Manikin		PBCLSA	1	£185.00	£185.00
Spine Board			1	£560.00	£560.00

<b>Totals</b>	<b>£1641.21</b>	<b>£5695.78</b>
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# RLSS Equipment List 2022

## Brownsea Swim Kit (Container) Page 1 of 2

ASSET	TYPE	QUANTITY	TOTAL COST
20KG Disc Weights	Heavy Duty Weights	8	£240.00
Airhorns	2 x Horns & 2x Canisters Plus Whistle	2	£20.00
Anchor, Wrap & Chain	4 x Sets of (Bruce's)	4	£150.00
Assorted Lanyards	Assorted Lanyards for Swim Cards		£200.00
Bad Weather Protection Kit	3 x Small Umbrellas, Rain Pouches		£45.00
Beach Shelter	Beach Tent for Paddle Craft	1	£20.00
Brownsea Swim Banners	2 x 3m Brownsea Swim Banners	2	£210.00
Cold Case Packs	Blanket Plus Bin Liner and Instructions	13	£50.00
Event Shelters	3 x (4m x 4m) Coleman Event Shelter plus sides	2	£400.00
Feather Flags		5	£37.38
Notice boards A1		2	£100.00
Course Marker Buoys	Crewsaver – Triangle shaped	6	£1650.00
Gantry	Galvanize Scaffold Poles & Clamps	1	£350.00
Hi Vis Marshall Bibs	Yellow	24	£210.00
Hi Vis Marshall Bibs	Orange	150	£300.00
ID Card Printer	Printer to print all ID Cards	1	£399.00
ID Cards	Box of Various Colored Blank Cards	1	£180.00
ID Cards Box	Assorted ID Cards & Role ID Cards	1	£20.00
Inflatable Tubes for Finish	Yellow	8	£200.00
Large Yellow Buoys		2	£500.00
Large Blankets	Vacuum Pack Containing 2 x Large Blankets	5	£50.00
Large Clock	Large Analogue Clock for Finish Line	1	£40.00
Large Pink Buoys	Inflatable Pink Buoys	4	£1,200.00
Loud Hailer	Loud Hailer for Announcements	1	£241.50
Marquee 6x3		1	£60.00
Marquee 9x3		1	£150.00
Place Cards	1 x 275 Place Cards	275	£50.00
Registration Boxes	Transparent, Purple, Blue	8	£35.00
Stop Watches	3x30MEM, 3x100MEM,2x300MEM,1x500MEM	9	£150.00
Storage Boxes	65L Plastic Boxes	10	£200.00
Trugs	For General Carrying of Items	4	£25.00
VIP Weather Writers	Waterproof Clip Boards	2	£55.00
Whistles	Whistles & Lanyards for use by Paddle Crew	55	£75.00

<b>Total</b>	<b>£7612.88</b>
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# Acknowledgements

**RLSS Poole Lifeguard is incredibly grateful for and appreciated the continued support received during 2022 from:**

Officers and Staff, Royal Motor Yacht Club  
BCP Beach Staff  
Members and Clubs from the PBCLSA  
Beach Officers and Staff BCP  
RNLI  
SLSA-GB  
The Oaks Nursery  
Poole Harbour Canoe Club  
Dolphin Swimming Pool – Everyone Active  
Marine Volunteer Boat Service  
North Haven Yacht Club  
Supporters of the Annual Brownsea Island Swim



All of our club members and of course, any other people that we have missed off the above list!

## Distribution

The Royal Life Saving Society UK Headquarters  
RLSS Wessex Branch Chairman  
BCP Council  
Dolphin Swimming Poole  
Patron  
Trustees  
RLSS Poole Lifeguard website - [www.rlss-poole.org.uk](http://www.rlss-poole.org.uk)

## With thanks to the Exec Committee

RLSS Poole Lifeguard would like to thank all its Executive Officers for all the work that they have done during 2022, we look forward to working with those that have offered themselves for election or re-election and wish those that wish to stand down all the best for the future.



# INFORMATION FOR 2022/23

## EMAIL ADDRESSES:

[treasurer@rlss-poole.org.uk](mailto:treasurer@rlss-poole.org.uk)  
[clubcaptain@rlss-poole.org.uk](mailto:clubcaptain@rlss-poole.org.uk)  
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## GENERAL

[info@rlss-poole.org.uk](mailto:info@rlss-poole.org.uk)  
[brownsea@rlss-poole.org.uk](mailto:brownsea@rlss-poole.org.uk)  
[jill.bailey2@sky.com](mailto:jill.bailey2@sky.com)

General Enquiries about RLSS Poole Lifeguard  
Information or enquires relating to the Brownsea Island  
RLSS Wessex Branch – representative for Poole

## 2022/23 DIARY DATES:

### EXECUTIVE MEETING DATES:

Committee Meeting No 1	The Cornerstone Academy	13 <sup>th</sup> Feb 2023
Committee Meeting No 2	The Cornerstone Academy	15 <sup>th</sup> May 2023
Committee Meeting No 3	The Cornerstone Academy	10 <sup>th</sup> July 2023
Committee Meeting No 4	The Cornerstone Academy	11 <sup>th</sup> Sept 2023
Committee Meeting No 5	The Cornerstone Academy	11 <sup>th</sup> Nov 2023
PLG Annual General Meeting 2022	The Cornerstone Academy	15 <sup>th</sup> March 2023

### RLSS / RLSS WESSEX DATES:

RLSS Wessex AGM	TBA
RLSS UK Annual Conference	23/24 <sup>th</sup> June 2023
RLSS UK National Drowning Prevention Week	17 <sup>th</sup> -24 <sup>th</sup> June 2023
RLSS UK National Honours Ceremony – Venue to be confirmed	28 <sup>th</sup> October 2023
RLSS UK National LS Championships – John Charles Centre for Sport, Leeds	4 <sup>th</sup> November 2023
RLSS UK National Speed Championships – Aquatics Centre, Liverpool	11 <sup>th</sup> /12 <sup>th</sup> March 2023

### SUMMER TWILIGHTS BEACH DATES:

Twilight Beach Dates	TBA
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### CLUB DATES:

Brownsea Swim 2023	16 <sup>th</sup> July 2023
PLG Indoor Twilight Competition	26 <sup>th</sup> Jan 2023





## 2022 in Pictures



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**lifesavers**  
The Royal Life Saving Society UK

Patron: The Mayor & Admiral of The Port of Poole  
Charity No: 1073840  
Founded: June 1975

Website: [www.rlss-poole.org.uk](http://www.rlss-poole.org.uk)  
Email: [info@rlss-poole.org.uk](mailto:info@rlss-poole.org.uk)  
HQ: Sandbanks Beach - Poole



## 2022 in pictures



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## 2022 in Pictures



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