

Poole Lifeguards – NLA Beach Training 2024 - Risk Assessment

Description of Activity:	Beach Training involving club members and equipment.	Risk Assessor Name:	Andy Smart
Location of Activity:	Sandbanks Beach and Seawater, Promenade, PL Garages via BCP Council area	Assessment Date:	May 2024
Who / What May be Affected:	Club Members, Instructors, Parents, and the General Public	Review Date:	Sept 2024

Activity	Hazards	Incident Event that could occur	L M H VH	Risk before controls	Residual risk after controls	L M H VH
				Risk mitigation and controls to prevent accidents		
Site Specific Liaise with other site users and BCP Council	Compliant with local safety operating procedures (SOP)	Site overcrowded or not fit for purpose.	H	Communicate with other site users such as RNLI, Boats and BCP Council to advise of training dates and intentions. Full risk assessment and be satisfied that the level of risk for the planned activity is acceptable This will link into the production of Standard Operating Procedures outlining how the activities will be run. Lead Instructor to seek local knowledge appertaining to the open water site. Lead Instructor to run a dynamic risk assessment each session to determine whether the activity is safe to proceed. This is completed on a Wednesday evening with “Go No Go” form as well as the day of training.		L
Site Specific Weather and environmental conditions	Water temperature 40cm below the water surface is 14C or below. Air temperature is low with wind chill. Oil / Sewerage spills.	Water too cold Wind chill / sun glare / storms / mist	H	Contingency in place to cancel / move session to the pool weather pertaining. Parents to be advised via Whatsapp group by noon on the day in question. All members advised it is mandatory to wear wetsuits May-June and encouraged for July-August, suitable footwear and a high visibility bib and hat to ensure they are visible in the water. Appropriate accommodation will be provided for changing and shelter. Lead Instructor will make an informed decision if weather conditions, and water temperature drops as could present a risk to the participants. In the event of oil / sewage spills, the Lead Instructor must not allow activity to take place at any time when the site is deemed unsafe by BCP Council.		L

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<p>Site Specific Access to garages via public car park and council land.</p>	<p>Debris, rubbish, or sharp objects</p> <p>Moving vehicles</p> <p>Council / contractors working in same area</p>	<p>Cuts, grazes, trips that may cause broken bones/wounds to feet.</p> <p>Fatality from moving vehicles.</p> <p>Miss instruction causing incident by poor communication</p>	<p>H</p>	<p>All participants to wear suitable footwear and high viz bib.</p> <p>All under 18's accompanied in the garages by an instructor or responsible adult.</p> <p>Lifesaving equipment to be stored in correct positions and locations within garages leaving floor area clear.</p> <p>Priority given to all vehicles in Council area. If in doubt assume you have not been seen. Communicate with drivers about to disembark or move.</p> <p>Communicate with Council staff member or contractor in area. If their works are unknown, ask how what they are doing may affect us and how we may affect them.</p>	<p>M</p>
<p>Site Specific Moving equipment, Rescue Boards and Kayaks.</p>	<p>Heavy items such as Rescue Boards and Kayaks</p>	<p>Dropping of items causing injury such as broken bones and cuts or damage to property and equipment.</p> <p>Straining excessively causing muscular injury.</p>	<p>M</p>	<p>All lifting tasks to be assessed before beginning to move, including assessing weight and route.</p> <p>A minimum of two people required for lifting of Kayaks.</p> <p>Rescue Boards can be carried by one person if weather conditions, and each individual person's abilities allow. If unable then a minimum of two people required for lifting/carrying of Rescue Boards.</p> <p>Some tasks may require more people, due to the position or route. Instructor in charge to review the risk assessment.</p>	<p>L</p>
<p>Training Use of club equipment for training purposes.</p>	<p>New Instructors.</p>	<p>Injury from unknown equipment</p>	<p>M</p>	<p>Sessions must be overseen under the guidance of the Lead Instructor.</p> <p>All new Instructors and members to be briefed on the risks associated with using club equipment in training including this RA.</p> <p>Instructors to complete analytical risk assessment for all practical sessions to report on current conditions.</p> <p>All club equipment required for normal operations must be checked by competent Instructor prior and post operation use.</p> <p>Instructors to report any equipment failures to the Lead Instructor who can make Equipment Officer aware.</p> <p>All operations to be followed as per the NLA training manual.</p>	<p>L</p>

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<p><u>Safety Cover</u> Safety and welfare of young people</p>	<p>Safeguarding</p>	<p>Injury or fatality in the water Drifting outside of activity area</p>	<p>H</p>	<p>At the beginning and end of each session, members are to be escorted/collected from the drop off location and roll call taken by Lead Instructor.</p> <p>All members advised it is mandatory to wear wetsuits May-June and encouraged for July-August, suitable footwear and a high visibility bib and hat to ensure they are visible in the water.</p> <p>Swimmers and simulated casualties must remain in visual contact with the designated safety cover.</p> <p>Activity areas are clearly identified with good access for easy entry and exit - Location</p> <p>Appropriate water safety cover in place with rescue kayaks. Where it cannot be provided, a competent person(s) will be used to ensure the safe running of the sessions. - Safety Cover Rota</p> <p>Procedures in place to ensure fast and effective communication with Emergency Services. Copy of procedures available on site for all to utilise if required.</p> <p>First Aid kit and a qualified First Aider on site for every session.</p> <p>Activity area clearly defined for members (marker buoys), candidate briefings, defensive position of on water safety cover, establish activity away from currents.</p>	<p>L</p>
<p><u>Safeguarding</u> Adults to young people ratio</p>	<p>Safeguarding</p>	<p>Not enough adults to young people</p>	<p>H</p>	<p>Adult to young people ratio is limited to a maximum of 1:12 for all open water training and 1:4 or 1:6 for all assessing activity.</p>	<p>L</p>