

# SPONSORED SWIM 2024

organised by RLSS Poole Lifeguard Club (Registered Charity 1073840)



Date: Thursday, 25<sup>th</sup> April 2024

Venue: Poole Dolphin Leisure Centre

## Sponsorship Form

Please sponsor (Full Name) .....

Telephone Number .....

**Ordinary people, doing amazing things to help raise funds for the club. This year the club is raising money to develop a bursary scheme to provide financial support to club members to take part in lifesaving competitions at all levels.**

Participants will swim as part of a team. Each team member will swim two lengths (one lap) at a time, for 45 minutes.

All donations should be a fixed amount irrespective of the number of laps completed by the team.

Our target is to raise **£750**

**Thank you for your support**

### Very Important

As a charity, RLSS Poole Lifeguard could claim at least 25% back from the HMRC on every sponsorship donation, without it costing you a penny extra. Please tick if you can Gift Aid your donation.

Please be aware that you must have paid an amount of income and/or capital gains tax at least equal to the amount of tax reclaimed by all charities and Community Amateur Sports Clubs on all your donations in the tax year (6th April one year to 5th April the next).

The club could receive an extra 25p for every £1 you donate.

Other taxes such as Council Tax and VAT do not qualify.

Paid	Full Name	Home Address - NOT YOUR WORK ADDRESS (this is essential for Gift Aid, we will not mail you)	Post Code	Amount	Gift Aid
✓	Mr Alan SAMPLE	12 Sample Road, Weymouth, Dorset	DT4 0EQ	£X.XX	✓

Paid	Full Name	Home Address - NOT YOUR WORK ADDRESS (this is essential for Gift Aid, we will not mail you)	Post Code	Amount	Gift Aid
✓	Mr Alan SAMPLE	12 Sample Road, Weymouth, Dorset	DT4 0EQ	£X.XX	✓
			<b>Total</b>		

Number of lengths completed by the Team .....

Signed on behalf of RLSS Poole Lifeguard .....

**Information**

The club’s sponsored swim is being organised to raise funds to enable us to set up a bursary scheme to support club members to compete in lifesaving competitions at local, regional and national level.

Our target is to raise £750 for 2024. We would like everyone to take part in the swim and for each member to aim to raise at least £10 to reach our target. (There will be a prize for the swimmer raising the most money).

Donations should be a fixed amount irrespective of the number of laps completed by a swimmer or team.

**How will it work?**

- If your training session normally starts at 7pm, please arrive at the pool for 7pm to register. The swim will start at 7.30pm
- If your training session normally starts at 8pm, you should arrive to register by 8pm. You will swim at 8.30pm
- Registration will take place on the balcony
- You must bring your sponsorship form with you to hand in at the registration desk
- Participants will be allocated to a team on the night
- Each team member will swim two lengths (one lap) at a time; the team swimming continuously for 45 minutes.
- Medals will be awarded to the team achieving the highest number of laps at the end of the hour.
- There will be a prize for the swimmer raising the most sponsorship.
- All sponsorship money must be paid in by Thursday, 9<sup>th</sup> May 2024.  
Please pay your sponsorship into the club’s bank account by BACS (bank transfer):  
Sort Code 40-13-06 Account No: 11415115 and reference your payment SS/and member name (e.g. SS/ASample)

**Safety**

- Swimmers will start and finish at the deep end of the pool
- Swimmers must start in the water for each lap
- Lane stewards will count laps for you, and sign off your forms at the end of the evening

**Support**

Parents/guardians – please come along to watch and support your child(ren) and the club. We may need your help on the evening!

*Thank you for your support  
to develop Lifesaving Sport in our club*